Imagine that you are curled up in bed. You are almost asleep. Your teeth are brushed and you've said your prayers. Your bedroom is nice and quiet. It's time to go to sleep.



Would your mother wake you up and tell you to hoover the floor? Would your dad tell you to weed the garden? What would you say to your sister if she asked you to paint her bedroom? I think you would say, 'Go to sleep everyone!' But what if someone really needed your help? What would you do?





WHAT IS PRAYER? Prayer is when we tell God what we want or need. Prayer is also when we say sorry to God for disobeying him and when we say thank you to God for all the good things he has done.

You should say, 'Thank you God for loving me.'

'I'm sorry for disobeying you and not loving you like I should.'

'You are wonderful and caring and so faithful. I can be confident in you and trust you completely.'

