

T R A C Y R A M O S

letters
to



*a mother's heartfelt letters
to her unborn child*



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Letters to Darcy

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Letters to Darcy is not an acknowledgment of a short life—it is a celebration of an *eternal* life. Tenderly and honestly written, this look into a courageous woman's soul evokes tears and admiration for the parents who can adore a little girl and relinquish her to God with the certainty of absolute faith.

—ANGELA HUNT, AUTHOR OF *SHE'S IN
A BETTER PLACE*

Acknowledgments

To God, for Your unconditional love;

To Jason, for making every second count;

*To Brittany, Isabella, Alexys, Mallorie, Roman, and
Bryson, for giving me the reason to keep going;*

*To Grace Community Church of Magnolia,
for being Christ's hands and feet;*

To our family and friends, for their love and support;

To thousands who have lifted us in prayer;

*To our friends at Tyndale, for helping
spread Darcy's message to the world;*

And to my sweet Darcy, my inspiration,

Thank you.

Foreword

There comes a time in one's life when a single decision changes everything. For Tracy and Jason Ramos, that decision was to allow their unborn daughter Darcy Anne to live. Faced with the reality that she was carrying a baby with trisomy 18, Tracy was given the option of ending the pregnancy early, after being assured that her baby was not compatible with life. The Ramoses chose life over death because of their faith in a sovereign God who does all things for His glory. Darcy Anne arrived a few months later as a beautiful bundle of joy, just like the Ramoses' previous six children.

Although Darcy Anne's life expectancy was only a few hours, God kept her alive for fifteen amazing days to teach each of us some valuable lessons about life. This gift from God reminded us that life is measured not in days but in daily experiences. Tracy and Jason knew that because their time with Darcy Anne would be short, their memories would have to be long. And so, each hour of Darcy's life was filled with the joys that most girls have years to enjoy: birthday parties, hugs and kisses, painted toenails, and even a ride on her daddy's motorcycle. Tracy and Jason treasured each memory with Darcy Anne as if it would be the last.

You are about to read Tracy's thoughts that were

captured in her Web diary. Hundreds were reading about the daily emotions the Ramoses experienced. People who did not know Tracy and Jason began watching a fragile life change the world, one heart at a time. As it turns out, this little four-pound-seven-ounce bundle of joy provided an international audience with a message that should never be forgotten: *Each day we live should be for God's glory, and each of us brings glory to God by the way we live each day.*

Tracy and Jason chose life over death for their daughter, and she brought great glory to God as a missionary for life. Those of us who lived this journey with the Ramos family will be forever changed. For those of you who will read of this journey, my hope is that you will see how God has a plan for everything He creates. Darcy Anne is a testimony that life is precious from the moment of conception and that it is given to humankind to fulfill a purpose. Darcy Anne's purpose was to bring a family together, to unite a church, to remind all of us of how we are to live our lives, regardless of their length.

—Ted Seago

Honored pastor of Darcy Anne Ramos
Grace Community Church
Magnolia, Texas



february



Wednesday, February 6, 2008

This was one of the most beautiful days of my life. I just found out that I am pregnant. Even though we were not planning on having any more children, God had other plans. You are our first surprise baby, and I know that you are special because God has chosen for you to become part of our family. Inside, I was leaping with joy. I saw the plus sign on the pregnancy test, and joy filled my heart. I had felt a void from the decision we made to not have another baby. But God intervened and filled that void. I was overwhelmed with gladness.

Wednesday, February 13, 2008

I waited a week to tell your daddy because I knew he would be shocked. I actually first told your aunt Nekita and then your big sister Ate Brittany.¹ I wanted to explode with excitement and tell everyone, but for the first time in your mommy's life, I showed self-control.

Saturday, February 16, 2008

Today was our church's Valentine's Day party. We had a great time. I was mostly excited about telling everyone that I was pregnant with you. Darcy, our church really loves babies and got so excited to hear

¹ Ate (pronounced *ah-tee*) means "older sister" in the Philippines.

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about you. They really were so happy. Daddy even sang me a special song. He forgot the words, but it was still really pretty. He sang "And I Love You So." Now whenever I hear that song, I will think of you.

Saturday, February 23, 2008

This was my first real scare. I started having crippling pains and bleeding. I just knew that I was going to lose you. I was devastated. I knew that I was given this seventh chance and now it was over. I gave up all hope.

Sunday, February 24, 2008

The bleeding continued all night. I decided to stay home from church and rest. The bleeding finally stopped at noon. I was so relieved. I was glad but still very anxious.

Monday, February 25, 2008:

First Sonogram

Today, I decided to go to the doctor and have an exam. I wasn't scheduled for my visit till next week, but since I was having problems, they went ahead and saw me. They did a sonogram and said everything looked good. I even got to see and hear your heartbeat. Never was I happier. You were a fighter from the very beginning, just like Mommy!

I love you, Darcy. I love you so much.



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Saturday, March 1, 2008

Well, the bleeding started back up. It seems like this is happening again. It only lasts for about twelve hours and stops. This time isn't as bad as the last. It sure does scare Mommy when this happens. I hope you are okay.

Sunday, March 2, 2008

I decided to stay home again from church. I am very nervous about doing anything strenuous. I want to make sure you are okay.

Wednesday, March 5, 2008

Today was my first legitimate doctor's appointment. I got so sick that I threw up everywhere. Don't worry, Darcy. I think it was food poisoning and not morning sickness (even though I've had a lot of that, too). Dr. Ritter was very nice and did not make me endure the exam but rather just talked to me about what to expect and the extra tests I could get if I wanted them. I also had Daddy pull over along the side of the road on our way home to throw up some more. I was very sick.

Saturday, March 8, 2008

The bleeding started up again. This seems to be happening once a week, on Saturdays. Maybe it

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is because I tend to do more on the weekends. I hope that I am not overdoing it. I will try to be more careful on weekends. I have continued to have crippling pains, and they seem to be getting worse. It affects my arms and legs. I love you. I have a doctor's appointment on Wednesday. I will ask him what is going on then.

I love you and hope you are all right.

Sunday, March 9, 2008

I missed church two Sundays in a row and thought I would go today. I talked to some ladies at church about my symptoms and asked if they could be a sign that something is wrong. But they gave me some advice, and I am going to take it. When I got home, my symptoms got really bad. I got a rash all over my belly, and it itched so much. I am going to my regular doctor tomorrow to see what he says. I hope this is not a result of something being wrong with you. I will pray.

Monday, March 10, 2008

I went to my doctor to see what is wrong with me. He didn't want to diagnose me and referred me back to my ob-gyn. I guess I will see what he wants me to do.

Thursday, March 13, 2008

Remember when Mommy said that I was a fighter? Well, I am stubborn, too. I waited till today to go see Dr. Ritter. The pain is too bad to endure anymore. So I went after I had lunch with Daddy.

Dr. Ritter prescribed some steroids, and I need to take them. He didn't want to refer me to an allergist yet, just in case my symptoms cleared up. He did say that it has nothing to do with you and that you are not experiencing any bad side effects from the steroids or my symptoms.

Friday, March 14, 2008

Dr. Ritter has cured me. Steroids took all of my symptoms away. I must have been allergic to something. I've stopped eating all weird stuff. I hope I stay well and you are okay.

I love you, Darcy.

Wednesday, March 19, 2008

All of my symptoms have come back with a vengeance. I went back to Dr. Ritter. He is sending me to an allergist. I went to see her, and she gave me more steroids. She said to be careful with them because of the risk of getting gestational diabetes and having a big baby. She also referred me to a rheumatologist. The allergist wants me to make the earliest appointment with the rheumatologist, which is the middle of April. She ordered some blood tests. I will go tomorrow to have blood drawn.

Thursday, March 20, 2008

I went to have my blood drawn. Daddy and I have our regular lunch date since it is Thursday.

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Sunday, March 23, 2008

It is Easter! And Bella gets to share Easter with her birthday. We were going to go to Incredible Pizza, but they were closed. We took her to CiCi's instead. We will have to go to Incredible Pizza some other time. Isabella's little secret sis made a special cake for her. It was so pretty and yummy!

About the Author

Tracy Frisbie Ramos is the mother and home educator of six living children, ages two to eighteen. She was born and raised in Fort Worth, Texas. She and her husband, Jason, met and married at Bennigan's Restaurant in Arlington, Texas, in 1989. They currently live in Magnolia, Texas.

Tracy's mission in life is to serve the Lord by raising godly children who will make a difference for His Kingdom on earth. It is Tracy's hope that the legacy of her seventh child, Darcy Anne, will continue to spread the message that children are a gift from God and that the life of the unborn is sacred and should be protected.

For more information about any of the ministry organizations listed in *Letters to Darcy*, please visit the sites listed below.

Heavenly Angels in Need
41300 Upper Calapooia Dr.
Sweet Home, OR 97386
www.heavenlyangelsinneed.com

Now I Lay Me Down to Sleep (NILMDTS)
7201 S. Broadway Suite 150
Littleton, CO 80122
www.nowilaymedowntosleep.org

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Garden of Innocence
www.gardenofinnocence.org

String of Pearls
www.stringofpearlsonline.com